



2017 10 SESSIONS TRAINING LEVEL 1

Working directly with the tissue of the body as a gateway, Integral Bodywork® is about confronting yourself beyond all the self-delusion, BS and hype. It is a strong method - not for the timid or faint-of-heart. This path is towards Growth, Surrender and Grace. Along the way, obstacles whether physical, emotional or energetic frequently resolve. We like to say that you grow beyond your symptoms. Your physical structure, the way you are in your body, the way you look and the way you carry yourself will all shift during the course of this training. And, because the bodymind is indivisible, the way you think, feel and express yourself will shift too. The shift is towards a more open, aligned, natural condition of bodymind.

Please view: www.integralbodywork.com

The LEVEL 1 Training is only open to folks who will be taking it for the first or second time. You don't have to be a professional bodyworker, know anything about bodywork or have any intention to do more bodywork beyond this training in order to participate. During the Training you will receive the 10 Sessions yourself and learn to give them to your partner; however, this is not a professional certification training.

The 10 Sessions are sequential; therefore, you must be certain that you can commit for all 10 days of training because there is no way to make up missed class time.

2017 TRAINING DATES

June 23	6:30 - 8:30pm	Orientation
June 24, 25	8:30am - 5:30pm	Sessions 1 & 2
Aug 12, 13	8:30am - 5:30pm	Sessions 3 & 4
Aug 19, 20	8:30am - 5:30pm	Sessions 5 & 6
Sept 23, 24	8:30am - 5:30pm	Sessions 7 & 8
Oct 21, 22	8:30am - 5:30pm	Sessions 9 & 10

EVERETT OGAWA

is the founder and teacher of Integral Bodywork®. He received his basic Structural Integration training directly from William "Dub" Leigh, the Founder of Zentherapy. Everett received an M.A. in Buddhist and Western Psychology from Naropa Institute in 1978 and in 1980 he trained in zen and the martial arts directly under Zen Master, Tanouye Tenshin Rotaishi at Chozenji Monastery in Honolulu, Hawaii. Integral Bodywork® evolved during the 35 years of Everett's career in Chicago practicing and teaching bodywork and zen training. He now resides in Tucson, Arizona.

For this training, Everett will be assisted by Mr. Ron Shereyk. Ron is a professional practitioner of Integral Bodywork®. He has trained with Everett for 12 years and maintains a full-time private practice in Chicago. He also holds a 5th Degree Black Belt rank in Aikido.

LOCATION

Garrett Wellness Center | 3020 N. Kimball Ave,
Chicago IL 60618

TUITION **\$3,100 TOTAL**

A non-refundable \$100.00 deposit must accompany your registration. Payment of fees (\$600) is due at the beginning of each weekend. Payment plans are available - please inquire with Everett Ogawa.

Registration deadline is June 1.

The teacher reserves the right to make the final decision about the acceptance and continued participation of each applicant.

If you feel inspired to join this training, please contact Everett to schedule an interview. If you're interested but not sure because you've never experienced this method 'in the flesh', so to speak, a complimentary intro session is available upon request either in Chicago, IL or Tucson, AZ.

For more information or to request an interview please contact:

Everett Ogawa

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